

Dubuque Dance Studio and Gymnastics Club / Sept 2026 - May 2027

Monday					Tuesday					Wednesday				
Office					Office					Office				
	Main Gym	Jr Dance & Jr Gym		Main Dance	Main Gym	Main Gym	Jr Dance	Jr Gym	Main Dance	Main Gym	Jr Dnc & Gym	Main Dance		
3:00 PM				Note: Anyone who competes dance (even soloists) must also attend M & W Technique										
3:20 PM														
3:40 PM														
4:00 PM														
4:15 PM											4:00 Pre Dance		Miss Dee	
4:30 PM	4:30 PM Gym Team 3.5 hours				4:30 (hour) Gymnastic	Sarah					4:30 Pre Gym		Miss Dee	
4:45 PM														
5:00 PM														
5:15 PM														
5:30 PM		5:30 Pre Dance		Young Dancers 9 and Under				5:00 K-1st 45 min Gym		5:15 Pre Dance		5 K-1st 45 min Dance	Brianna	Comp Dancers 10 and Under/5:00 Group Solo/6:00 Group
5:45 PM					5:30 (hour) Gymnastic	Bronze Gym Team 5:30-8		5:45 Pre				545 K-1st 45 min Gym		
6:00 PM			6 Pre Gym				break			5:45 K-1st 45 min Dance				
6:15 PM														
6:30 PM														
6:45 PM			Optional Acro		6:30 (hour) Gymnastic	Coach N	"A" Tap Lyrical Jazz Hhop	Miss Dee		"B" Tap Lyrical Jazz Hhop				Group Technique
7:00 PM	Team Conditioning			Dancers 11 & up										Group Stretching
7:15 PM														
7:30 PM														
7:45 PM														
8:00 PM					7:30 (hour) Gymnastic		730-815 Aerial	Briann		"E" Tap Lyrical Jazz Hhop				Solos & Acro/Gym
8:15 PM	Optional Open Gym	Coach N		Adult Ballet										
8:30 PM														
8:45 PM														
9:00 PM														
9:15 PM														

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Thursday							Friday Rental	Saturday			
Office								Main Gym			3rd Saturday, Miss Dee Solo, no Dec and no May. To do this they need to be running their solo 3-5 times a day. If they are not doing this, please don't bring them in
	Main Gym	Main Gym	Jr Dance	Jr Gym	Upper Room	Main Dance					
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:15 PM			4:00 K-1st 45 min Dance					9:00 AM	9:00 – 1:00 Silver & Up / All Levels Condition 11:00		
4:30 PM								10:00 AM			
4:45 PM	4:30 (hour) Gymnastic							11:00			
5:00 PM				4:45 K-1st 45 min Gym				Noon	11-1:00 Bronze		
5:15 PM								1:00 PM	Tumbling/Sub Beg Out at 130		
5:30 PM								2:00 PM			
5:45 PM	5:30 (hour) Gymnastic		5:30 "A" Tap Lyrical Jazz Hhop			"C" Lyrical Jazz-Hhop		2:30 PM			
6:00 PM								3:00 PM			
6:15 PM								4:00 PM			
6:30 PM								430 PM			
6:45 PM	6:30 (hour) Gymnastic		6:30 Pre Dance	Parent/Tot Gym 7 pm							
7:00 PM			Parent/Tot Dance 7 pm	7 Pre Gym							
7:15 PM											
7:30 PM											
7:45 PM											
8:00 PM											
8:15 PM											
8:30 PM											
8:45 PM											
9:00 PM											
9:15 PM											

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