

# Dubuque Dance Studio and Gymnastics Club / Sept 2026 - May 2027

Monday				Tuesday					Wednesday					
Office				Office					Office					
	Main Gym	Jr Dance & Jr Gym	Main Dance	Main Gym	Main Gym	Jr Dance & Jr Gym	Upper Room	Main Dance		Main Gym	Jr Dnc & Gym	Main Dance		
3:00 PM			Note: Anyone who competes dance (even soloists) must also attend M & W Technique											
3:20 PM														
3:40 PM														
4:00 PM														
4:15 PM											4:00 Pre Dance	Miss Dee		
4:30 PM	4:30 PM Gym Team 3.5 hours			4:30 (hour) Gymnastic						4:30 PM Gym Team 3.5 hours	4:30 Pre Gym	Miss Dee		
4:45 PM														
5:00 PM														
5:15 PM														
5:30 PM		5:30 Pre Dance				5:00 K-1st 45 min Gym					5 K-1st 45 min Dance	Brianna	Comp Dancers 10 and Under/5:00 Group Solo/6:00 Group	
5:45 PM				5:30 (hour) Gymnastic		5:45 Pre Gym	Brianna		5:15 Pre Dance					
6:00 PM		6 Pre Gym	Miss Riley						5:45 K-1st 45 min Dance					
6:15 PM														
6:30 PM														
6:45 PM		Optional Acro		6:30 (hour) Gymnastic									Group Technique	
7:00 PM														
7:15 PM	Team Conditioning												Group Stretching	
7:30 PM														
7:45 PM														
8:00 PM														
8:15 PM	Optional Open Gym													
8:30 PM														
8:45 PM														
9:00 PM														
9:15 PM														

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